

Libertyville SENIOR UPDATE

SENIOR COUNCIL MEMBERS

Senior Council

libscouncil@yahoo.com

Libertyville Senior Center

135 W. Church Street

Carol Lopez 247-7659

libseniorcenter@sbcglobal.net

www.libertyville.com/Seniors

Fun & Lunch Bunch

(Libertyville Presbyterian Church)

Jim King 744-0066

Liberty Towers

Ruth Morgenthaler.....816-3368

Art Kick.....922-4341

Owls of Grace Lutheran Church

Office.....367-7050

Methodist Church

Jules Traut.....367-0295

Bonnie Cerveny.....778-2774

Marylin Huskey.....362-0709

Norma Kick.....284-0782

Bob Killackey.....367-6211

Annie Samuel.....362-4835

For information on any of the events
or programs in this Update, unless
otherwise noted, please contact

Libertyville Senior Center:
847-247-7659

JANUARY 2017



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Upcoming Meetings

Fun & Lunch Bunch

Libertyville Presbyterian Seniors
Tuesday, January 17

Mississippi Burning with Barry Bradford. Everyone is welcome to join in the fun & fellowship each month! A casual lunch (\$8.00 per person) is served at 12:00 noon. Make a reservation while attending **Lunch Bunch** for the next month or call the church office (847-362-2174) by the Friday before to make your reservation.

Owls of Grace Lutheran

Call 367-7050 for more information on their meetings or programs.

Senior Update

The Senior Council of Libertyville prints this publication. The trips, meetings and other activities for seniors in Libertyville and Libertyville Township. The Recreation and Sports Complex Department offerings are also in the Senior Update. The Senior Update is FREE and can be picked up at the Senior Center or can be found online at www.libertyville.com/seniorcenter

For more information, phone 847-247-7659

Activities/Programs

Just a quick reminder of some of the great activities offered every week at the Senior Center. All activities are held at the Libertyville Senior Center 135 W. Church Street 9:00 am to 3:30 pm

MONDAYS

Exercise ● Sit and Be Fit ●
Homeless Mat Making ● Libertyville Diner
● Birthday Bash (2nd Mon)

TUESDAYS

Exercise ● Bridge ● Massage (Twice a Month)
● Senior Issue ETC. Program Replay (2nd)

WEDNESDAYS

Exercise ● Dominoes ● Poker (1st & 3rd)
Wood Carving ● Line Dancing ● Libertyville Diner

THURSDAYS

Exercise ● Wii Bowling ● Legal Advice (2nd)
● Canasta (1st & 3rd)
Scholl' ty Outreach Foot Care Clinic

FRIDAYS

Exercise ● Libertyville Diner

Libertyville Diner

The Libertyville Diner offers an atmosphere of good fellowship as well as nourishing meals 3 days a week prepared by local restaurants and caterers for anyone 55 and above.

Meals are served at NOON Monday, Wednesday and Friday.

The cost includes coffee and dessert.

\$6.00 for Fodrak's/Sunset Catering and \$7.00 for Catered Productions

As always, participants are required to register and pay for meals at least 3 days in advance. Using a menu to prepay by the month is especially helpful, and we are happy to assist you in doing this. **Menu is located on page 8.**

We also need volunteers to help serve and clean up after lunch.

If you are interested give us a call, 847-247-7659

Health Services

JANUARY 3 & 17 (Tues) - MASSAGES

- Appointments are required for a fully clothed therapeutic chair massage. The cost is \$12.00 and *missed appointments will be billed.*
- *Cancellations must be received 24 hours before the scheduled appointment.* In case of an emergency, the therapist's discretion will be used. Please call 847-247-7659 to schedule your appointment.
- **Please note NEW rate starting in January 2017—\$12**

Libertyville Senior Center LENDING CLOSET



**Monday—Friday
9:00 am—3:00 pm
by appointment only**

The Libertyville Senior Center is operated by the Village of Libertyville. The Senior center “Lending Closet” is a service for Senior Citizens who reside in the Village of Libertyville or Libertyville Township.

The “Lending Closet” is a collection of new and used medical equipment available free of charge to this Village or Township residents in need of medical equipment such as wheelchairs, bath transfer benches, portable toilet seats, walkers, canes and other items.

The “Lending Closet “ has a limited inventory and a revolving inventory, based upon the demands, frequency of usage, and available items in stock.

There is no charge to the resident for the use of the equipment and the period of usage is not to exceed 3 months.

Identification will be required. An Illinois Driver's License, phone number and/or a proof of residency will be needed. In case of emergency, contact information will also be needed from a family member or friend.

The “Lending Closet” is available everyday, Monday—Friday from 9:00 am—3:00 pm, with a member of the Senior Center staff by appointment only.

Please call the Senior Center at (847)247-7659 to set up an appointment.

RideLakeCounty/Central

DIAL A RIDE
MONDAY - FRIDAY
6:00 a.m.—6:00 p.m.
(Expanded Hours and Destinations)



Call 1-800-201-6446 or 1-877-218-0905

**Reservations should be made 24 hours in advance by
12:00 p.m.(Noon) Monday—Friday**

Cost of one-way fare:

- **\$3.00 for trips under 10 miles** for disabled and/or Seniors (age 60+)
- **\$6.00 for trips over 10 miles** for disabled and/or Seniors. (age 60+)

Seniors (ages 60+) and people with disabilities who live in Fremont, Libertyville, and Shield Townships including the Villages of Libertyville and Mundelein are eligible for the expanded service.

Eligible passengers can travel between and within the Townships, Villages and to additional destinations listed:

- Advocate Condell Outpatient Services Grayslake
- College of Lake County Grayslake
- Greenleaf Avenue Medical Offices
- Lake County Health Department North Chicago Health Center
- Northwestern Grayslake Outpatient Services
- Vernon Hills Route 60 Shopping Area (Milwaukee Ave and Townline Rd Destinations)
- Wal-mart Supercenter Fountain Square
- West Lake Forest Metra Station
- VA Medical Center

Message from Carol



Hello Everyone,

We are fortunate to be given the opportunity to begin again. A New Beginning – A New Year. Many of you enjoy reading this poem to begin your New Year. I do my best to live by it.

Written by an anonymous author, the poem can be found in Barbara Milo Ohrbach's book All Things Are Possible.

Promise yourself to be so strong that nothing can disturb your peace of mind.
 To speak of health, happiness, and prosperity to every person that you meet.
 To make all your friends aware of the special qualities within them.
 To look at the sunny side of everything and let your optimism work to make your dreams come true.
 To think, work for, and expect only the best.
 To be just as enthusiastic about the success of others, as you are about your own.
 To forget past mistakes and press on towards a greater future.
 To wear a cheerful countenance at all times, as a smile radiates warmth and love.
 To give so much time to the improvement of yourself that you have no time left to criticize others.
 To be too wise for worry, too tolerant for anger, and too courageous for fear.
 To Be Happy

May this New Year bring you good health, prosperity, peace, happiness, joy, and all the love your heart can hold each day throughout the year.

Enjoy this new beginning. It's an opportunity to change and grow. HAPPY NEW YEAR!

Best Regards,
Carol

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 18945 W. Washington, Third Lake (847) 548-9900

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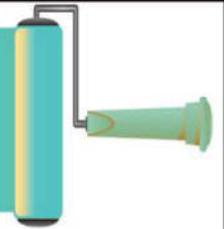
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Seniors that are celebrating a BIRTHDAY in JANUARY. If you see them PLEASE wish them a **HAPPY BIRTHDAY!**

- Joan Bratta
- Sheryl Singh
- Barbara Ottow
- James Murphy
- Wolfgang Allen
- Ann Julian
- Krystyna Smulkowsha
- Shanta Kulkarni
- Rita Shah
- Marcia Feld
- Joanne Enright
- Ruth Buettrr
- James Riley
- Larysa Brandt
- Marguerite Massin
- David Ray
- Nancy Darby
- Hal Halen
- Emily Collins

SNOW REMOVAL ASSISTANCE

The Village of Libertyville has contacted service organizations in the Village willing to assist senior citizens with shoveling snow off the public sidewalk adjacent to their home. You will need to call the phone number provided below for assistance and provide them with your address. This is a volunteer service and response is based on the availability of the service organization members.

Matt Valenti *tmaster,*
Boy Scouts Tr
7-902-3661

Parties, Programs and Lunches

All Parties, Programs and Lunches are held at the Libertyville Senior Center.
 135 W. Church Street

Reservations are required so please call 847-247-7659 or stop by.

Friendly Reminder

When registering for Parties, Programs, and Lunches payment will be due at time of registration. **If you are attending the lunch and not the party or program the cost of the lunch will be: \$7.00 if Catered Productions, \$6.00 Fodrak's & Sunset Catering**

JANUARY 11 (WED)—BOOK REVIEW & LUNCH

With upbeat music and fascinating and little-known anecdotes, Jenny and Elizabeth reveal how pets have played an important role at 1600 Pennsylvania Avenue, not only by providing companionship to the presidents and their families, but also by humanizing and softening their political images. You will want to join Jenny and Elizabeth for this unique and uplifting show. **Cost: \$8.00** Lunch served at Noon and Book Review at 1:00 pm. Sponsored by Senior Council. Registration and payment by Jan 6th.

JANUARY 16 (MON) - BIRTHDAY BASH

JANUARY Birthdays will be Celebrated! Enjoy a wonderful lunch, listen to some great music, dance, enjoy a special dessert, and have lots of fun. Lunch starts at 12:00 Noon with entertainment by the Ron Barron Trio from 1-3 p.m. Cost \$7.00 (lunch included) \$3.00 for Bash only. Sponsored by Senior Council. Registration and payment by Jan 12th.

If your birthday falls in the current month only the Bash is complimentary, the cost for lunch is \$7.00. So if you come to both lunch and Bash it is still \$7.00 and if you just come to the Bash it is complimentary, but you must sign up in advance.

JANUARY 27 (FRI) - HAWAIIAN LUAU

Escape the deep freeze of January! Join us at the Libertyville Senior Center as we transform the Center into an island paradise. Join us at noon for a wonderful lunch and stay for this fun and festive event including dessert, hula contest and entertainment by Ernie Garner. Cost: \$7.00 Registration and payment by January 24th.

JANUARY 30 (MON) - PANEL DISCUSSION & LUNCH

Please join Lynn Johnson, Brookdale Senior Living, Stephanie Tintner, Travanse Living, Heather Lannon, ManorCare, and Mary Ferguson, Victory Center/Pathway Senior Living as they discuss and answer questions on "Senior Housing Options". Complimentary lunch for the first 60 that sign up. Discussion starts at Noon. See page 8 for menu and page 10 for topics each agency will discuss. Registration required by January 23rd.



ATTENTION POKER PLAYERS

The Libertyville Senior Center Poker group is looking for Poker Players. They meet the 1st & 3rd Thursdays May - September and 1st & 3rd Wednesdays October—April. Interested seniors please contact Hal Halen at 847-918-8909

Calendar of Events

JANUARY 2017

SUNDAY		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1		2 CLOSED	3 9:00a Exercise 9:15 Massage 12:00 Bridge	4 9:00a Exercise 10:00 Dominoes 10:00 Poker 1:00 Line Dancing 1:00 Wood Carving	5 9:00a Exercise 10:00 Wii Bowling 12:30 Canasta	6 9:00a Exercise	7
8		9 9:00a Exercise 10:00 Homeless Mat making 10:30 Sit & Be Fit 12:00 Diner	10 9:00a Exercise 10:00 Senior Issues, ETC 12:00 Bridge	11 9:00a Exercise 10:00 Dominoes 12:00 Diner 1:00 Jenny Riddle Book Review 1:00 Line Dancing 1:00 Wood Carving	12 9:00a Exercise 10:00 Wii Bowling 10:00 Legal Advice	13 9:00a Exercise 12:00 Diner	14
15		16 9:00a Exercise 10:00 Homeless Mat making 10:30 Sit & Be Fit 12:00 Diner 1:00 Birthday Bash	17 9:00a Exercise 9:15 Massage 12:00 Bridge	18 9:00a Exercise 10:00 Dominoes 10:00 Poker 12:00 Diner 1:00 Wood Carving 1:00 Line Dancing	19 9:00a Exercise 10:00 Wii Bowling 12:30 Canasta	20 9:00a Exercise 12:00 Diner	21
22		23 9:00a Exercise 10:00 Homeless Mat making 10:30 Sit & Be Fit 12:00 Diner	24 9:00a Exercise 12:00 Bridge	25 9:00a Exercise 10:00 Dominoes 12:00 Diner 1:00 Wood Carving 1:00 Line Dancing	26 9:00a Exercise 10:00 Wii Bowling	27 9:00a Exercise 12:00 Diner 1:00 Hawaiian Luau	28
29		30 9:00a Exercise 10:00 Homeless Mat making 10:30 Sit & Be Fit 12:00 Diner/Panel Discussion	31 9:00a Exercise 12:00 Bridge				

Libertyville Diner Menu - JANUARY 2017

MONDAY		WEDNESDAY		FRIDAY	
2	CLOSED	4	No Lunch Served	6	No Lunch Served
9	Fodrak's Chicken Stir Fry Greek Salad	11	Catered Productions—Book Review Teriyaki Glazed Grilled Salmon Roasted Red Skin Potatoes Buttered Asparagus \$8.00	13	Sunset Foods Broccoli and Cheddar Quiches Turkey Sausage Link Fruit Salad
16	Catered Productions—Birthday Bash Meatloaf Mashed Potatoes & Gravy Green Beans \$7.00	18	Sunset Foods Turkey Tetrazzini Garden Salad Dinner Roll	20	Fodrak's Grilled Tilapia Mac & Cheese Cole Slaw
23	Fodrak's Gyro Greek Salad	25	Sunset Foods Beef Stew Parsley Pappardelle Pasta Dinner Roll	27	Catered Productions—Hawaiian Luau Teriyaki Glazed Chicken Kabob Long Grain & Wild Rice Fruit \$7.00
30	Sunset Foods—Panel Discussion Complimentary for 60 Seniors Turkey Sandwich w/ Havarti cheese Pasta primavera, fruit salad and cookie				Pre Registration & payment required 3 days in advance. \$6 per person unless otherwise noted. Information: 847-247-7659



Legal Advice

January 12 (Thurs)

Attorney Patrick Hart will be at the Senior Center for free legal help. Appointments start at 10:00 a.m. and are 15 minutes. **Registration is required**, please call the Senior Center 847-247-7659 to register



AARP SMART DRIVING COURSE

March 2 & 3
10:00 am—2:00 pm

Sign up at the Libertyville Senior Center or by calling 847-247-7659 to register. To receive a certificate of completion both days are required.

Cost: \$15.00 AARP Members

“Senior Issues, ETC”

“Senior Issues, ETC” is a cable TV show on Channel 17 hosted by Vita Verden and is for and about seniors airing Tuesdays at 8:00 p.m.

Since many seniors do not have cable and therefore are unable to view the program, the Senior Center will replay one program on the second Tuesday of the month at 10:00 a.m. at the Senior Center for the viewing pleasure of the Seniors.

January 10

Leslie Piotrowski—Lake County Health Department

Trips



Lincolnshire Marriott Trips

Mamma Mia

Wednesday, February 22, 2017

A mom... a daughter... three possible dads... and a trip down the aisle you'll never forget!

ABBA's hits tell the hilarious story of a young woman's search for her birth father on a Greek island paradise. After reading her mom's diary from one carefree summer 20 years ago, Sophie secretly invites the three men her mom wrote about to her wedding. Set to the classic songs of ABBA like “Dancing Queen,” “Take a Chance on Me” and “SOS,” Mamma Mia! is the enchanting and unforgettable tale of love, laughter, family and friendship. Transportation to and from Sponsored by the Libertyville Senior Council in a comfy 40 passenger bus (no more school bus). Tickets will cost \$37.00 per person 55+ Register & pay at the Senior Center by February 1st. Pick up at Crawford Warming House 817 W. Lake Street at 12:00 Noon and Libertyville Towers at 12:10 pm.



Potawatomi Hotel & Casino Getaway Thursday, February 23rd, 2017

Potawatomi Hotel & Casino has undergone a 240 million dollar expansion. It features nearly 3,000 slot machines. The classic table games include poker, Three card poker, Blackjack, Craps, Let it Ride. You also can go over to the roulette table and spin the wheel. You must be 21 years of age to enter.

COST \$27 per person

INCLUDES: Deluxe transportation, \$10 Fire Keeper's Reward Play \$10 Food & Beverage Credit (May be used at any of the restaurants)

*****Remember your Valid Photo I.D.'s**

ITINERARY:

9:00am Depart : 135 W Church St, Libertyville, IL
10:00am Approximate arrival at Potawatomi. All riders should stay seated while the greeter comes on board to give everyone the rebates and player's club cards.

NOTE: All riders must have a player's club card to get rebates

3:00pm Bus departs Potawatomi

4:00pm Approximate return time to Libertyville area

**** ALL TIMES ARE DETERMINED BY TRAFFIC & WEATHER ****

CONTACT: Ruth Morgenthaler @ 847-816-3368 for reservations.

NOTE: If you do have a player's club card, please include your card number.

Legal Names, addresses with zip codes, phone numbers and full birth dates required when signing up



FUN AND LUNCH BUNCH
 Libertyville Presbyterian Church
 3rd Tuesdays in Fellowship Hall
 12:00 Noon

Contact: Julie Snyder (jsnyder@comcast.net / 847-223-0890)

Everyone is welcome to join in the fun & fellowship each month! A casual lunch (\$8.00 per person) is served at noon. Make a reservation while attending **Lunch Bunch** for the next month or call the church office (847-362-2174) by the Friday before to make your reservation.

Tuesday, January 17

Mississippi Burning with Barry Bradford. Hear this compelling story from National Teacher of the Year and Distinguished lecturer, Barry Bradford, who collaborated with three of his students and an investigative reporter to seek justice for the 1964 murder of three civil rights workers. This unlikely team produced evidence that led to the reopening of the case and conviction of the mastermind behind the plot to kill. Host: Betsy Davison



**THE LIBERTYVILLE SENIOR CENTER
 PRESENTS
 JENNY RIDDLE & ELIZABETH DOYLE**



Wednesday
January 11, 2017

Performance 1:00 P.M.



Pets at the White House:

Did you know that Thomas Jefferson had a pet mockingbird who often sat on his master's shoulder? Or that cows and goats used to graze on the White House lawn? Or that Franklin D. Roosevelt's Scottish terrier Fala traveled with the President and attended parties with world leaders? In "Pets at the White House," the dynamic singing and acting duo, Jenny Riddle and Elizabeth Doyle, delight audiences with wonderful stories and songs about the four-legged, beaked, and pawed inhabitants who have resided at the White House throughout the decades.

With upbeat music and fascinating and little-known anecdotes, Jenny and Elizabeth reveal how pets have played an important role at 1600 Pennsylvania Avenue, not only by providing companionship to the presidents and their families, but also by humanizing and softening their political images. You will want to join Jenny and Elizabeth for this unique and uplifting show.

Sponsored By: Senior Council
Registration & Payment due at the Senior Center on or before Wednesday, January 4th Cost: \$8.00

Panel Discussion & Complimentary Lunch
Monday, January 30, 2017
12:00 noon

"Senior Housing Options"

Panel Members and Topics

Lynn Johnson

Business Development Director, BROOKDALE
Independent Living

Stener

Lifestyle Specialist, TRAVANSE LIVING
Assisted Living & Memory Care

Heather Lannon

Business Development, MANORCARE
Short Term Rehab & Long Term Care

Mary Ferguson

Director of Community Relations,
 VICTORY CENTER/PATHWAY SENIOR LIVING
Senior Apartments & Supportive Living

*Complimentary lunch will be provided
 and served by our sponsors:*



**Registration is required on or before
 Monday, January 23, 2017.**

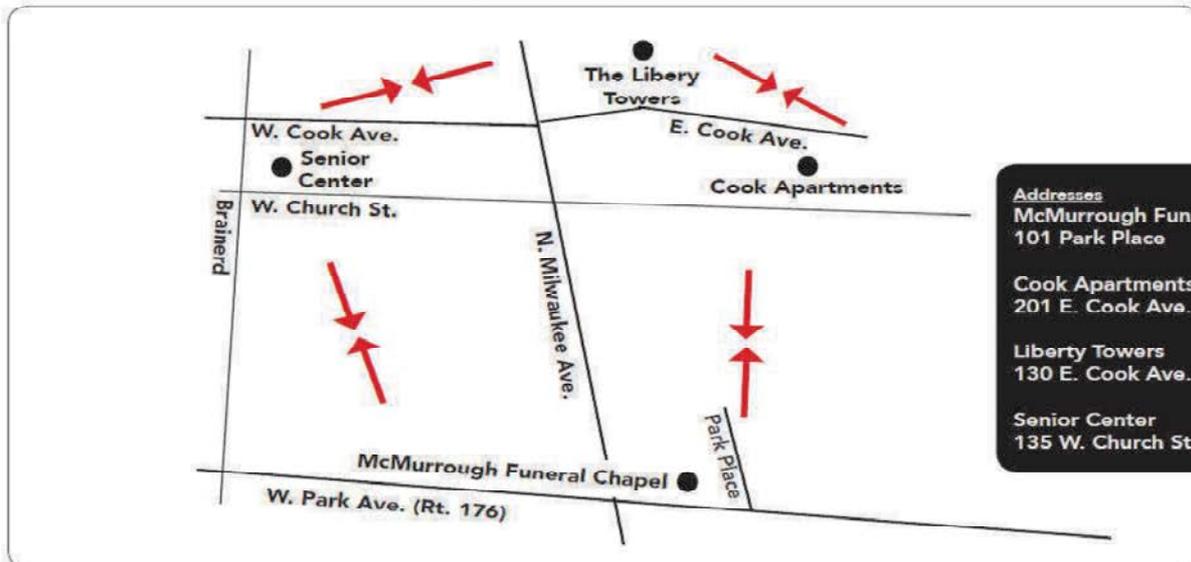
You will want to attend this one!
 Call the Senior Center office at 847-247-7659.



Free Shuttle Bus FOR ALL SENIOR CITIZENS

Monday thru Friday effective immediately till parking garage is finished.
Free parking at lot on East side of Park Place across from McMurrrough Funeral Chapel

SHUTTLE SCHEDULE:



Addresses
McMurrrough Funeral
101 Park Place

Cook Apartments
201 E. Cook Ave.

Liberty Towers
130 E. Cook Ave.

Senior Center
135 W. Church St.

Pick up

8:35am McMurrrough lot
8:40am Cook Apt.
8:45am Liberty Towers
Arrive at Senior Center 8:50am

Pick up/Drop off

1:15pm Center
1:20pm Liberty Towers
1:25pm Cook Apt.
1:30pm McMurrrough lot

Pick up/Drop off

11:00am Senior Center
11:05am Liberty Towers
11:10am Cook Apt
11:15am McMurrrough lot
Arrive at Senior Center 11:30am

Pick up/Drop off

2:45pm Senior Center
2:50pm Liberty Towers
2:55pm Cook Apt.
3:00pm McMurrrough lot

Thank you to our sponsors:

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SENIOR UPDATE

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UPCOMING EVENTS



FEBRUARY EVENTS

Tues. **February 7**—Massage

Thurs. **February 9**—Legal Advice

Mon. **February 13**—Birthday Bash/ Valentine's Day Party—Sponsored by Libertyville Senior Council & Fannie May

Tues. **February 14**—Senior Issues, Etc. program replay

Fri. **February 17**—Lunch & BINGO with Visiting Angels

Wed. **February 22**—Marriott Trip—Mamma Mia

Tues. **February 28**—Mardi Gras BINGO—Sponsored by Libertyville Bank and Trust

MARCH EVENTS

Thurs. **March 2** & Fri. **March 3**—AARP Smart Driving Course

Thurs. **March 9**—Legal Advice

Mon. **March 13**—Birthday Bash

Tues. **March 14**—Senior Issues, Etc. program replay

Fri. **March 17**—St. Patrick's Day—Sponsored by Home Instead

Fri. **March 24**—Lunch & BINGO—Sponsored by Heartland & Wellshire