



LIBERTYVILLE DANCE ENSEMBLE WINTER DANCE CLASSES

**Location: Dance Studio at the Libertyville Sports Complex
1950 N. Highway 45, Libertyville www.libertyville.com/dance**

Recital: Saturday, June 3, 2017 11:00 am at Libertyville High School Auditorium
Cost includes costumes and recital fee

No classes: March 27-April 1

WINTER DANCE CLASSES JANUARY 9-MAY 20

MONDAY

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|-------------|------------------|------|-----------|---------------|------------------|
| 6503 | Cheerleading/Pom | 9-12 | 4:15-5:00 | A. Treutelaar | \$225 R/\$235 NR |
| 6538 | Ballet | 6-8 | 5:00-5:45 | A. Treutelaar | \$225 R/\$235 NR |
| 6193 | Hip Hop Beg | 6-8 | 5:45-6:30 | A. Treutelaar | \$225 R/\$235 NR |
| 6194 | Hip Hop Basic | 9-11 | 6:30-7:15 | A. Treutelaar | \$225 R/\$235 NR |

TUESDAY

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|-------------|------------------------|-----|-------------|------------------|------------------|
| 6539 | Parent & Me Dance/Play | 2-3 | 10:00-10:30 | A. Treutelaar | \$215 R/\$225 NR |
| 6501 | Dance Medley | 3-6 | 10:30-11:15 | A. Treutelaar | \$225 R/\$235 NR |
| 6544 | Pre-Jazz Hip Hop | 3-6 | 11:15-11:45 | A. Treutelaar | \$215 R/\$225 NR |
| 6542 | Acrobatics/Tumbling | 3-6 | 3:30-4:00 | A. Halsne-Baarda | \$215 R/\$225 NR |
| 6543 | Pre- Ballet/Tap | 3-6 | 4:00-4:45 | A. Halsne-Baarda | \$225 R/\$235 NR |
| 6546 | Tap/Tumbling | 6-9 | 4:45-5:30 | A. Halsne-Baarda | \$225 R/\$235 NR |

WEDNESDAY

| | | | | | |
|-------------|----------------------|------|-----------|------------|------------------|
| 6508 | Pre-Hip Hop | 4-6 | 4:00-4:30 | O. Pearson | \$215 R/\$225 NR |
| 6196 | Boys Hip Hop Beg | 6-9 | 4:30-5:15 | O. Pearson | \$225 R/\$235 NR |
| 6197 | Hip Hop Intermediate | 9-12 | 5:15-6:00 | O. Pearson | \$225 R/\$235 NR |
| 6504 | Jazz/Poms | 9-12 | 6:00-6:45 | O. Pearson | \$225 R/\$235 NR |

FRIDAY

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|-------------|------------------------|-----|-------------|-----------------|------------------|
| 6505 | Parent & Me Dance/Play | 2-3 | 10:00-10:30 | B. Good-Hellwig | \$215 R/\$225 NR |
| 6507 | Pre-Ballet/Tap | 3-6 | 10:30-11:15 | B. Good-Hellwig | \$225 R/\$235 NR |
| 6509 | Pre-Jazz Hip Hop | 3-6 | 11:15-11:45 | B. Good-Hellwig | \$225 R/\$235 NR |

SATURDAY

| | | | | | |
|-------------|------------------|-----|-----------|----------|------------------|
| 6506 | Pre-Ballet | 3-6 | 1:30-2:00 | V. Moore | \$215 R/\$225 NR |
| 6541 | Pre-Ballet/Tap I | 3-6 | 2:00-2:45 | V. Moore | \$225 R/\$235 NR |
| 6545 | Hip Hop | 6-9 | 2:45-3:30 | V. Moore | \$225 R/\$235 NR |

ADULT DANCE CLASSES JANUARY 13-MAY 20

BALLROOM DANCING-ADULTS

Dancing is great exercise and fun. In our class we will learn how to social dance all the major dances: Foxtrot, Waltz, Tango, Swing, Rumba, Cha Cha and the Hustle. I am Tony Arellano and I've been social dancing for 30 years. Fee is per person

| | | |
|--------------|---------------|-----------------|
| Day: | Wednesday | No class Mar 29 |
| Time: | 7:00-8:30 pm | |
| 6497 | Jan 18-Mar 8 | \$80 R/\$90 NR |
| 6498 | Mar 15-May 10 | \$80 R/\$90 NR |

FREE CLASS: SEPTEMBER 7 AT 7:00 PM

Come out and try a FREE ballroom class. Learn the basic swing dance and you will be dancing to music by the end of the session. Happy Dancing!

BELLYDANCE-ADULTS

Bellydancing is an ancient and artistic form of dance that is also fun, low impact and healthy for all body types. Steps, combination and dances will be taught for the "dance of the east".

| | | |
|--------------|---------------|-----------------|
| Day: | Friday | No class Mar 31 |
| Time: | 12:00-1:00 pm | |
| 6499 | Jan 13-Mar 10 | \$90 R/\$100 NR |
| 6500 | Mar 17-May 19 | \$90 R/\$100 NR |

HIP HOP FOR ADULTS

| | | |
|--------------|---------------|-----------------|
| Day: | Saturday | No class Apr 1 |
| Time: | 3:30-4:15 pm | |
| 6510 | Jan 14-Mar 11 | \$90 R/\$100 NR |
| 6511 | Mar 18-May 20 | \$90 R/\$100 NR |

LIBERTYVILLE DANCE ENSEMBLE...WINTER DANCE CLASSES

TAP: A form of dance in which the rhythm is sounded out by clicking the taps on the heels and toes of a dancer's shoes. Leotards, tights, black tap shoes.

JAZZ: Experience this popular form of expression energized by rhythmic music. Classes consist of warm-up, across-floor movements and combinations. Leotards, tights, black jazz shoes.

HIP HOP: This popular dance derived from street dance is a highly expressive rhythmic form set to popular contemporary music. Leotards, tights, black jazz shoes, bike shorts or jazz pants.

PARENT & ME DANCE/PLAY:

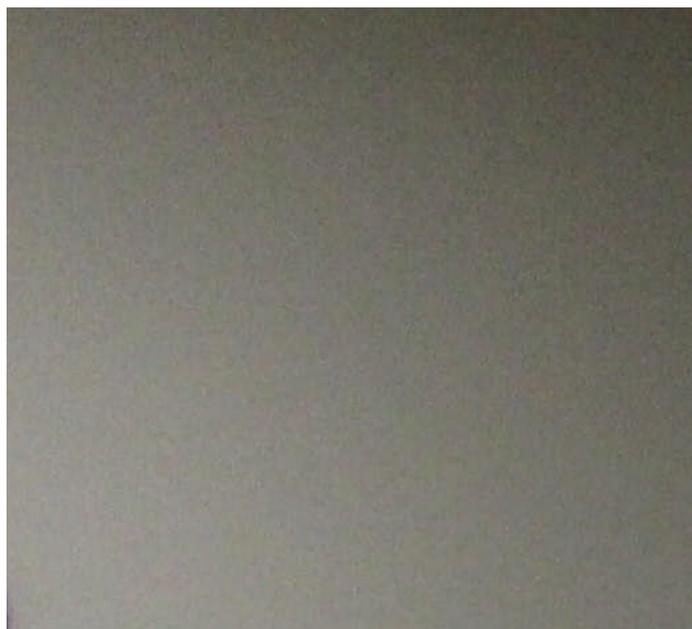
Your child's first dance class! You and your 2-3 year old can experience music, motor skills, basic ballet steps, creative movement and play.

PRE-BALLET: An introduction to basic loco-motor skills and coordination for young children. Basic ballet and age appropriate games are taught. We use stuffed animals, beanbags and scarves to make learning fun. Leotards, tights, pink ballet shoes.

BALLET: A formal style of movement that has established terminology and sets of exercises incorporated into the barre and center work. Leotards, tights, pink ballet shoes.

DANCE MEDLEY: A style of movement that has incorporated tap, ballet, hip hop & jazz. Leotards, tights, & shoes.

ACROBATICS/TUMBLING: Students will develop their gross motor skills by enhancing basic acrobatics and tumbling skills. This class will increase your body control and overall coordination through acrobatic dance movements. Dance and fitness benefits are flexibility, balance and increased energy. The dance movements found in acrobatics are founded in ballet, jazz, lyrical and modern dance styles.



MEET OUR DANCE INSTRUCTORS:

Brenda Good Hellwig

Brenda has been performing, choreographing and teaching internationally for three decades. She is a certified Cecchetti Ballet Council of America Ballet teacher and has won numerous scholarships, awards, grants and accolades for her work. She returns to teach at Libertyville after being Director of the Dance Program from 1997-2004.

Vanessa Moore

Vanessa attended Columbia College Chicago, where she studied dance for three years, in a variety of genres, including Hip Hop, Modern, Tap and Jazz. Vanessa had the opportunity to learn from well known Chicago based teachers Natalie Rast, Emily Steins, Jimmy Payne, Jr. and Darrell Jones. Vanessa has been teaching dance for over fourteen years. She attended Urban Dance Camp in Lörrach, Germany for a month where she got some amazing new and fresh teachings styles from some of the Top Choreographers and YouTube Stars out now including, Keone and Mariel (Hip Hop), Laure Courtellont (Dancehall), Brian Puspos, and Jawn Ha (Hip Hop), Madd Chadd (Robotics), Tight Eyez (Krump), Kapela Marna (House), Marissa Osato (Contemporary).

Alana Halsne-Baarda

Alana grew up in a dance studio as a child since her mother was a professional dancer. She has been a high school dance teacher in Arizona along with teaching dance at dance studios and park districts for over 10 years. Alana danced and performed on the Arizona State University Dance and Auxiliary line. Alana has a doctoral degree in Curriculum & Instruction from Loyola University of Chicago along with being an adjunct professor at the College of Lake County for the past 20 years and is a full-time high school teacher in the areas of special education, business, fashion and careers at WTHS District #121.

Octavia Pearson

My name is Octavia Pearson and Dance has been apart of my life since the day I was born, my first steps were dance moves. My favorite type of dancing is hip hop and modern since those are the two types of dance I've really gotten my dance experience from. Over the past 6+ years I have found my love for dancing. Dancing has become my passion no matter what language the music is in I can always find a way to choreograph some good moves to it.

Alyssa Trentelaar

Alyssa started dance at age two and by age 4 she began training focused on ballet and jazz. She also trained in hip-hop, modern and tap. As a member of the Purdue Dance Team she competed in the finals of the Daytona's NDA Nationals for 2 years. After college Alyssa became an NBA dancer for the Chicago Bulls as a Luvabulls, and was made captain and leader of the squad her third year. She is enthusiastic to share her love of dance with tiny tots to bee-bopping seniors!